**Minutes – ANNUAL GENERAL ASSEMBLY 2023**

**Community Perspective in Mental Health**

**June 27, 2023 6:30pm – In person and online via Zoom**

**In attendance**

**Members - individuals**

Monique Dumais, Daniele Cardinale, Suanne Stein Day, Joel McCuaig, Justin Iavasile, Frank Iavasile, Jack McBride, Gael Santana, Yvan Bujold, Ghassan Baroudi, Vincent Wesley, Suzanne Lloyd, Marianne Kallini, Kumud Kanjan Shaha, Alain Leclerc, Jonathan Kerr, Gideon Goldman-Posluns,

**Members - employees + honorary**

Patrick Merrigan, Emmanuelle Morin, Mark Walford, Howard Groleau, Ann Marie Shiner, Rachel Bass, Michelle Hotte, Genevieve Fortin, Gabriela Nouyamajjan, Carine Dahab, Pierre-Michel Joseph

**Members - volunteers**

Alexander Toundjian, Michel Mansour, Jeremie Scraire, Carole & Pierre Bourgeois,

**Observers**

Katie Hadley (CRC),

**Verification of quorum and opening of assembly at 6:40pm**

President of assembly – M. Norman Gilbert / Secretary of assembly – Ann Marie Shiner

Proposed by Monique Dumais, Seconded by Carine Dahab

1. **Word of welcome**

Patrick Merrigan opens with a welcome to our 35th anniversary. Mr. Gilbert introduced himself and the AGM

1. **Adoption of agenda**
   1. Addition to Varia

i. Testimonials and words of members of the assembly

Proposed by Jonathan Kerr, Seconded by Genevieve Fortin

1. **Adoption of minutes of the AGM of 23 June 2022:**

Proposed by Daniele Cardinal, Seconded by Monique Dumai

1. **Proposition of modifications to the general by-laws:**

No changes or modifications

1. **Presentation of Activities Report 2022-2023**

Patrick Merrigan presents the activities report

In 2022-2023, CPMH experienced a significant change: having a new home. PCSM moved to the Gerry Robertson Community Centre in the borough of Pierrefonds-Roxboro. We thank Mayor Dimitrios Jim Beis and his team of councillors for their warm welcome! We feel at home at the GRCC and ready to serve this beautiful community and now have the opportunity to develop and expand our support groups. Another major change to PCSM is a new logo! Our new sign represents the challenge that every human being must take up, that of having a balanced life!

Another new project we launched this year, in collaboration with the borough of Pierrefonds-Roxboro, the Parish JLOW, and the COOP Cloverdale, is the Passion Plein Air Cloverdale project to enable young children (& families) from the Coop & À ma Baie community to learn how to skate and enjoy being outside in the presence of volunteer instructors.

It is important to underline that PCSM has also created new alliances with several other partners: CHSSN, Vent Over Tea, BMHC MTL, Folie Douce radio, and Maison de Pleine Conscience de Montréal.

PCSM never stops innovating! In collaboration with the CIUSSS-ODI, we now have a pivot nurse on our team who, since March 2023, has been working at PCSM 3 days/wk and 2 days at the CLSC Pierrefonds. Thank you to the CIUSSS-ODI for their trust and for supporting this great initiative! Welcome to our nurse Gabriela!

In order to maximize our visibility and contribution to the community, we have focused more on awareness by being more active in schools, the West Island CJEmploi, the Boroughs and social networks as well as in other Regroupements in Quebec. We owe this success to our new communications agent / sex therapist Carine Dahab. Big Thanks Carine and Welcome to PCSM!

Also this year, PCSM resumed its winter and summer camps. In collaboration with Chalet Lanaudière, formerly the Marist Camp, about 40 participants took advantage of the calm and beautiful nature near Rawdon. The strong alliance between PCSM and the Marist camp began in 2009 and we hope that it will continue for many years to come.

At PCSM, promoting positive mental health is now part of our mission. During Mental Health Week in May 2022, we aired a webcast with a panel on positive mental health. A week later, our Rendez-Vous Communautaire, chaired by Mr. Monseff Derraji, MP for Nelligan, took off. It was our first post-covid event and approximately 150 people showed up in solidarity for mental health. At the same time, a friendly ball hockey game between our team, the West Islanders, and the police officers of PDQ 3 took place. Thank you to the City of Kirkland and Mayor Michel Gibson for allowing us to use the Kirkland Sports Complex for this great gathering. Finally, 3 months later on the Kirkland baseball field, PCSM inaugurated its first softball game as part of our annual Fête des Voisins. Once again, citizens, police officers, social workers from CLSCs and hospitals, grass roots organizations gathered in the heat!

In terms of new grants, we obtained funding through the PAAQ Seniors Assistance Program of the Ministry of Health and Social Services. This will allow PCSM to hire a case worker and thus better support our senior clientele. Another new grant is the Community Health and Social Services Network (CHSSN), to enable us to hire a youth worker to devote more time to this growing clientele at PCSM. Funds will also be used to promote mental health in our community. Thank you to our two new funders for the trust in CPMH.

In addition, we devoted much time, in particular our Clinical Director Emmanuelle Morin, to prepare the celebration of our 35th anniversary at PCSM. Ensemble pour la Santé Mentale returned in May 2023. Details to come in our next activity report.

Finally, we must thank our exceptional team of psychosocial workers who tirelessly devoted their efforts to serving the community. This past year we said goodbye to Cher Bercovitch who worked for more than 6 years at PCSM. On behalf of the entire PCSM team, thank you Cher and happy retirement!!

Sincere Thank You to our Board of Directors for supporting us in important decisions, which are not always easy to make. Thank you also to our precious volunteers for their loyalty and commitment.

It is also important to thank our client members for their attendance at our activities and their continued trust in PCSM.

Lastly, a final thank you to my colleague and Clinical Director, Emmanuelle Morin, for her daily support throughout this year. Together, we are continuing the mission that PCSM started 35 years ago!! - Patrick Merrigan

1. **Submission of Financial Reports 2022-2023**

Suanne Stein Day presents financial reports

Financially, PCSM had another solid and stable year.  As our programs started recovering post-pandemic, we were able to secure some new grants to kick off projects.  We are extremely grateful to our supporters for enabling us to fulfill our mandate.  
Again, careful management allowed our expenses to remain in line as well. Special thanks to the Borough of Pierrefonds who saved the day, allowing us to move into our new home (GRCC) in Oct 2022, rent free. We are just beginning to experience the potential of the new digs.  
Our increased surplus (of $69,456) will allow us to invest in our most important resource in the coming year - our staff.  We know that each and every one of them have many opportunities at their fingertips and we are so fortunate that they choose to continue to work with PCSM.  Our board of directors unanimously voted to recognize their commitment and continue to monitor and adjust salaries as best as our budgets allow.

Statements audited by Ron Fishman. Board previously approved financial statements as per by-laws.

1. **Nomination of auditor for financial year 2023-2024**

Suanne Stein Day proposes Ron Fishman FDK accounting, Seconded by Howard Groleau

1. **Election of members of the board of directors**

The administrators continuing their mandate until June 2024 are:

Daniele Cardinal, Monique Dumais, Michel Mansour, Rita Nehme

**There is a maximum of five (5) posts to fill**

The candidates for election are:

Suanne Stein Day, Alexander Toundjian (both presented for a second mandate)

Candidates for election present themselves, or their written declaration is read if they are absent

M. Gilbert invites members wishing to join the board to present themselves.

Frank Iavasile presents (Client-Family), Yvan Bujold also presents

Emmanuelle Morin presents as PCSM employee representative

Election:

Suanne Stein Day proposes the election of candidates by acclamation, Patrick Merrigan & Emmanuelle Morin Seconded

1. **Varia**

Mark Walford shares a testimonial about his positive experience receiving PCSM services. He thanks the organization for their essential long-term support and giving hope to his peers. Mark also thanked Ann Marie who is retiring for her many years of support, as well as Emmanuelle Morin & Patrick Merrigan for helping him through a very difficult year.

Emmanuelle also thanks the staff, as well as all users of PCSM services who allow us the privilege of working together and trust us, and thanked Ann Marie for her many years of service to PCSM.

1. **Adjournment of assembly**

Proposed by Carine Dahab at 7:50pm , Seconded by Genevieve Fortin